

How to give the right amount of DIPHENHYDRAMINE (also known as Benadryl) is different depending on which type of Diphenhydramine you plan to give.

Dose: Give every 6 hours if needed. **DO NOT GIVE MORE THAN 4 DOSES IN 24 HOURS.**

Do **NOT** use with any other medicine with diphenhydramine in it.

Weight →	20 to 24 pounds (about 9 to 10 kilograms)	25 to 37 pounds (about 11 to 16 kilograms)	38 to 49 pounds (about 17 to 22 kilograms)	50 to 99 pounds (about 23 to 45 kilograms)	100 pounds or more (46 kilograms or more)
Children's Liquid Diphenhydramine (12.5 mg / 5 mL)	4 mL 	5 mL 	7.5 mL 	10 mL 	—
Children's Diphenhydramine Chewable Tablets (12.5 mg)	—	1 tablet 	1 ½ tablets  	2 tablets  	4 tablets    
Diphenhydramine Tablets (25 mg)	—	½ tablet 	½ tablet 	1 tablet 	2 tablets  
Diphenhydramine Capsules (25 mg)	—	—	—	1 capsule 	2 capsules  

Do not give to children less than 2 years of age.

Do not give to children 2 to 6 years of age unless your doctor tells you to.

*Table notes:

- **Age of child:** Do not give diphenhydramine to children less than 6 years of age unless your child's doctor tells you to. There are other medicines that are like diphenhydramine but will not make your child sleepy (like loratadine, cetirizine, fexofenadine) that can be bought without a prescription and are safer for young children.