

## Diphenhydramine (Benadryl®)

Diphenhydramine is the active ingredient in Benadryl. Diphenhydramine is used to relieve itching from some rashes and insect bites. It is also used to treat hives.

**It may cause drowsiness or dizziness, but sometimes it can cause paradoxical excitement.**

**It should not be used in children less than 1 year of age without first discussing with your child's health care provider.**

All of these products may be given every 6-8 hours as needed.

Weight (lbs)	Dose	Diphenhydramine Liquid 12.5 mg / 5 ml	Diphenhydramine Chewable / Meltaway tablets 12.5 mg each	Diphenhydramine Tablets / Capsules 25 mg each
12 - 17 lbs	6.25 mg	2.5 ml or $\frac{1}{2}$ tsp		
18 - 23 lbs	9.4 mg	3.75 ml or $\frac{3}{4}$ tsp		
24 - 35 lbs	12.5 mg	5 ml or 1 tsp	1 tablet	
36 - 47 lbs	18.8 mg	7.5 ml or $1\frac{1}{2}$ tsp	$1\frac{1}{2}$ tablets	
48 - 65 lbs	25 mg	10 ml or 2 tsp	2 tablets	1 tablet or capsule
66 - 95 lbs	37.5 mg	15 ml or 3 tsp	3 tablets	1 tablet or capsule
Over 95 lbs	50 mg	20 ml or 4 tsp	4 tablets	2 tablets or capsules

tsp: teaspoon

ml: milliliters

1 tsp = 5 ml